

Dates / Times / Locations

Sat., March 20, 2010 • 8:30 am – 12:30 pm
Eating & Supplementing for Acute Injury
Larry Plotkin, DC
Madison Marriott West
1313 John Q. Hammons Drive
Madison, WI 53562 • (608) 831-2000

Wed., April 21, 2010 • 1:30 pm – 5:30 pm
Drug-Induced Nutrient Depletions
Dan Richardson, PhD
Radisson
7065 N. Port Washington Road
Glendale, WI 53217 • (414) 351-6960

Thursday, May 6, 2010 • 9:00 am – 1:00 pm
Nutritional Protocol Workshop
Trish Paulson, ND
Days Inn
101 Sky Harbour Drive
La Crosse, WI 54603 • (608) 783-1000

Thursday, June 3, 2010 • 1:30 pm – 5:30 pm
Weight Control
Dan Richardson, PhD
Holiday Inn
1109 Fourier Drive
Madison, WI 53717 • (608) 826-0500

Thursday, June 10, 2010 • 9:00 am – 1:00 pm
Nutritional Protocol Workshop
Trish Paulson, ND
Holiday Inn – Campus Area
2703 Craig Road
Eau Claire, WI 54701 • (715) 831-2211

Wed., June 23, 2010 • 1:30 pm – 5:30 pm
Drug-Induced Nutrient Depletions
Dan Richardson, PhD
Holiday Inn City Centre
200 Main Street
Green Bay, WI 54301 • (920) 437-5900

Tuesday, July 13 • 1:30 pm – 5:30 pm
Weight Control
Dan Richardson, PhD
Howard Johnson
2101 North Mountain Road
Wausau, WI 54401 • (715) 842-0711

Thursday, July 22 • Summer Convention
Nutritional Protocol Workshop
Trish Paulson, ND
Great Wolf Lodge
1400 Great Wolf Drive
Wisconsin Dells, WI 53965 • (608) 253-2222

Thursday, August 12 • 9:00 am – 1:00 pm
Nutritional Protocol Workshop
Trish Paulson, ND
Holiday Inn – Campus Area
2703 Craig Road
Eau Claire, WI 54701 • (715) 831-2211

Tuesday, October 26 • 1:30 pm – 5:30 pm
Drug-Induced Nutrient Depletions
Dan Richardson, PhD
Howard Johnson
2101 North Mountain Road
Wausau, WI 54401 • (715) 842-0711

Wednesday, November 17 • 9:00 am – 1:00 pm
Nutritional Protocol Workshop
Trish Paulson, ND
Oshkosh Convention Center
2 N. Main Street
Oshkosh, WI 54901 • (920) 424-1330

Wednesday, November 17 • 1:30 pm – 5:30 pm
Weight Control
Dan Richardson, PhD
Best Western Midway
1005 S. Moorland Road
Brookfield, WI 53005 • (262) 786-9540

Thursday, December 9 • 1:30 pm – 5:30 pm
Drug-Induced Nutrient Depletions
Dan Richardson, PhD
Howard Johnson
3841 East Washington Avenue
Madison, WI 53704 • (608) 244-2481

*** Note the time changes for
the 2010 Spring & Summer
Conventions**

Speaker Bios



Dan Richardson, PhD, received his masters & PhD from Loyola University, Stritch School of Medicine in pharmacology and pharmacognosy. He is a prominent expert in pharmacology, nutrition, and botanical medicine, having given seminars around the world to health care professionals. He is a professor and chairman of Clinical Nutrition and Biochemical Therapeutics at National University of Health Sciences as well as professor and chairman of Nutrition and Dean of Students at the National College of Naprapathic Medicine.



Trish Paulson, ND, is a graduate from the Canadian College of Naturopathic Medicine in Toronto, Canada. She currently practices at The Healing Center, Inc. an integrated health care clinic in Minnesota. She is certified in First Line Therapy, holding a diploma in nutrition. Her practice is focused on educating clients on the power of healthy living and offering natural health care solutions to today's complicated medical conditions.



Larry Plotkin, DC, earned his chiropractic degree from the National College of Chiropractic and is currently practicing in Baltimore, MD. Dr. Plotkin is certified as a Strength and Conditioning Specialist (CSCS) and Sports Nutrition Consultant (CNC). In addition to teaching CE courses, he is currently teaching in the Kinesiology Department at the University of Maryland and works with various sports teams as team chiropractor, strength and conditioning coach, and nutrition consultant.

Drug-Induced Nutrient Depletions - 4 CE

Milwaukee, April 21 / Green Bay, June 23 / Wausau, October 26 /
Madison, December 9

Weight Control - 4 CE

Madison, June 3 / Wausau, July 13 / Brookfield, November 17

Course Times: 1:30 pm - 5:30 pm

Nutritional Protocol Workshop - 4 CE

La Crosse, May 6 / Eau Claire, June 10 / Wisconsin Dells, July 22 /
Eau Claire, August 12 / Oshkosh, November 17

Course Times: 9:00 am - 1:00 pm

Eating & Supplementing for Acute Injury - 4 CE

Madison, March 20

2010 Spring Convention and Trade Show

Course Times: 8:30 am - 12:30 pm

Course Descriptions

Eating & Supplementing for Acute Injury - 4 CE

This class will review how certain foods not only affect the healing process but may actually cause a condition to develop. It will also help a chiropractor understand how certain hormones and biochemical pathways have a direct effect on inflammation, maintaining ideal body weight, and increasing lean muscle mass. Proper supplementation will be covered along with what actually works and does not work to aid in acute pain and recovery.

Weight Control - 4 CE

There are a number of fads and diet-control programs in literature, on the news and advertised on television regarding the control of weight that the patient and consumer get confused as to what really works and what is in fact healthy or dangerous to undertake. This seminar will discuss the fads, the current diet restriction programs in certain diseases and disorders which are appropriate and which programs are in fact healthy for our patients and actually work. Strategies for life-long weight control will be presented for those individuals with obesity issues and conditions which have resulted from both short and long term weight problems. Preventing morbidity and mortality due to weight issues will be discussed. The weight control issues surrounding anorexia and bulimia will also be addressed.

Drug-Induced Nutrient Depletions - 4 CE

Many of the side effects from drug therapy may not be directly due to the drug itself, but rather are the result of nutritional deficiencies that are caused by drugs when taken over time. There are a number of ways that drugs can negatively affect the status of nutrients in the body. The primary mechanisms responsible for the depletion of nutrients include inhibition of nutrient absorption, synthesis, transport, storage, metabolism, or excretion. This information is not often communicated to the patients who are taking these drugs and the information may not be known by the physician. This seminar will discuss the mechanism, the general action of the nutrients depleted, the common symptoms of the nutritional deficiency, the drugs which commonly deplete these nutrients and the foods and supplements necessary to reverse these deficiencies.

Nutritional Protocol Workshop - 4 CE

The Nutritional Protocol Workshop will focus on Cardiometabolic Syndrome. Lifestyle disease and syndromes are dominating chiropractic office visits, but little is being done to prevent disease or manage underlying dysfunctions. Cardiometabolic Syndrome encompasses the majority of the diseases/syndromes which are on the rise today as well as weight gain and obesity, insulin resistance, type II diabetes, cardiovascular disease, fatigue, and pain disorders. This course will cover how to provide comprehensive early detection by recognizing these patterns before they spin out of control and how to implement solutions through dietary modification, appropriate supplementation, and therapeutic lifestyle changes.

**All courses listed fulfill the state requirement
to maintain the Nutrition Counseling certification**

4 Hour Chiropractic Nutrition Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

2nd Phone: _____

Course Fees:

| | Early Registration (7 Days Prior) | Registration (Within 7 Days) |
|-------------------|---|--|
| WCA Member | \$85 | \$100 |
| Non-Member | \$115 | \$130 |

Select Course/Date:

Eating & Supplementing for Acute Injury

March 20

Drug-Induced Nutrient Depletions

April 21 June 23 October 26 December 9

Weight Control

June 3 July 13 November 17

Nutritional Protocol Workshop

May 6 June 10 July 22 August 12
 November 17

Total Amount Due: \$ _____

Method of Payment:

Enclosed is my check payable to the WCA

Please Charge my: Visa Mastercard

Card Number: _____

Exp. Date: _____

Card Holder's Name: _____

Mail to: WCA, 521 E. Washington Ave, Madison, WI 53703 • Fax to: (608) 256-7123 • Phone: (608) 256-7023

Cancellation Policy: Full refund up to 7 days prior to program. DC Registration Only:

50% refund after 7 days prior to day of program. No refund day of program. No confirmation will be sent.

Wisconsin Chiropractic Association
521 E. Washington Ave.
Madison, WI 53703

**All courses listed fulfill the state requirement
to maintain the Nutrition Counseling certification**

Programs Start March 20, 2010



Wisconsin Chiropractic Association 4 hour Chiropractic Nutrition Programs

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Nutrition Counseling certification**

www.wisconsinchiropractic.com